

This event will be run in accordance with Cycling Ireland rules and the following specific regulations:

1. Sign On:

All riders must "sign on" before stages 1, 3 and 4 and by the time advised in the race manual and must be present at the stage start at least 10 minutes before the stage start time.

Licenses submitted at the initial sign on may be retained by the race organisers and returned when each rider gives back all his race numbers and timing chip, either on retirement or at the end of the event.

If a rider fails to sign on for a stage they may not compete in that stage or any subsequent stages.

2. Jersey Priority:

The priority of Classification Jerseys is as follows:

- ✓ General Classification ranked by aggregate time.
- ✓ KOM Classification ranked by aggregate points
- ✓ Young rider classification ranked by aggregate time
- ✓ Girl classification ranked by aggregate time
- ✓ Stage jersey ranked by individual stage time

With the exception of the final stage a rider will only be awarded one jersey at each presentation ceremony. Should a rider qualify for more than one jersey he will be presented with the leaders jersey of the higher classification as per priority above, his leadership in the classifications will be announced. Subsequent classification jerseys will then be awarded to the next best-placed rider in the classification subject to him not being entitled to any other classification Jersey.

In respect of the final stage, Classification Jerseys will be awarded to the actual Classification winners. A Stage Jersey will be awarded to the best placed rider not entitled to a Classification Jersey at the finish of each stage with the exception of the final stage when the jersey will be awarded to the stage winner. Riders must wear the Stage and Classification Jerseys, presented to them, throughout the stage that follows presentation.

King of the Mountains points is as follows:

Category 1: 5- 3- 2- 1

Results will be posted in the results tent and on www.errigalcyclingclub.com.

Select 2016 Youth Tour Results.

Then select relevant age category and stage number.

Results will normally be released for all three stages as presentation of prizes/jerseys is made.

3. Prizes:

Prizes will be awarded in each stage based on stage time and in each category to:

- ✓ 1st Place
- ✓ 2nd Place
- ✓ 3rd Place
- ✓ 4th Place
- ✓ 1st Unplaced Cat. 1a/2a/3a for U15 U13 U11 respectively
- ✓ 2nd Unplaced Cat.1a/2a/3a for U15 U13 U11 respectively
- ✓ 1st Unplaced Girl
- ✓ 2nd Unplaced Girl
- ✓ 1st Unplaced cat 4/4a girl
- ✓ 2nd Unplaced cat 4/4a girl

Race Jerseys will be awarded as follows:

- ✓ Yellow - Race Leader
 - ✓ Polka Dot - King of Mountain
 - ✓ White - Cat 1a/2a/3a (Young Rider)
 - ✓ Pink/Dots - Cat 4/4a
 - ✓ Green - Stage
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- Category 1 and Category 1a will race together.
 - Category 2 and Category 2a will race together.
 - Category 3, 3a, 4 and 4a will race together

Note girls normally race with boys in the preceding age group. A girl may elect to race with boys her own age if she wishes to.

For each race, finishing prizes will be awarded on the basis of the order that riders cross the finish line

A rider can only win one prize for a stage. Where a rider has won multiple prizes the highest-ranking prize as numbered above will be granted to the rider.

A rider can win both a prize and jersey for the one stage.

Any rider not present for the prize ceremony will not subsequently receive their prize/jersey.

4. General Classification:

The general classification will be based on the aggregate time for all the stages completed and will include any bonuses or penalties applied by the event Commissaire. The classification leaders will be the riders with the lowest aggregate time. All times shall be calculated by rounding down to nearest second. In the event of two or more riders being equal on time then the fractions of a second, as recorded in the time trial, will be added back into the total time to decide the order. If riders are still equal on total time after this is applied, the order will be decided by adding the placing's obtained in each completed stage. The rider with the lowest total will be awarded the superior placing.

The time will be recorded to 2 hundreds of a second.

Where there is group of riders crossing the line together they will all be given the same time as long as the time gap between riders is less than 1.2 seconds. For the stage results riders will be ranked in sequence based on their original time to two hundreds of a second

5. Stage 2 Hill Climb:

The start order for the hill climb will be based on the reverse of the order on the general classification sheet, following stage one. Riders will be sent off at 1-minute intervals. Each rider is timed from the time posted on the start sheet. In the event of a rider suffering a recognised mishap on this stage that rider may with the approval of a Commissaire, have a restart after the last rider in his/her age group. If the rider suffers a similar mishap during his/her re run then that rider will be credited with the slowest time of his/her age group. As defined in the Cycling Ireland Technical Regulations a recognised mishap is:

- ✓ A fall
- ✓ A puncture
- ✓ The breakage of an essential part of the bike

Riders are not permitted to warm up on the TT course once the first rider has started.

The starting times for each rider in Stage 2 will be displayed at results tent after stage one is completed. They will also be loaded onto Errigal Cycling Club web page and Facebook page.

Time trial helmets are not allowed.

Plain non-club skin suits (not team/National Skin suits) may be used in the hill climb.

6. Stage 4 Criterium:

In the criterium, each rider will be allowed one lap out for a recognised mishap. Such laps out may only be taken at the authorised pit. No lap out will be permitted in the last five laps. Riders who drop out, are lapped or are taken out by the Commissaires will get the time of the last rider plus 3 minutes.

7. Time Bonuses:

Time bonuses will be awarded to the first 3 riders across the finish line as follows:

- ✓ 1st - 3 seconds
- ✓ 2nd - 2 seconds
- ✓ 3rd - 1 second

Time bonuses will not apply to the time trial. Riders not completing a stage will be awarded the slowest time on that stage plus 20 minutes, such riders may sign on for subsequent stages and will be eligible for stage prizes. Their time cannot however be used to calculate time for the team event.

8. Teams:

A team must consist of a minimum of three riders. The composition of any composite teams will be as per Cycling Ireland Technical Regulations

The team stage time will be the sum of the times of three best-placed riders on the stage.

The superior placing will be awarded to the team with the lowest aggregate time.

To arrive at the general classification for the team, the stage times for the top three-team members on each stage will be added together.

The superior placing will be awarded to the team with the lowest aggregate time.

In the event of two or more teams having the same time on general classification the superior placing will be awarded to the team with the greater number of first placing's (or 2nd or 3rd) in the stage team classification.

There will be only one team prize per category, which will be given to the leading team at the end of stage 4.

The time of a rider who did not finish may not be used as part of a team's time for a stage.

9. Safety:

The race is run on roads open to the public. All riders, marshals, and race official drivers must take due care at all times. Take proper notice of directions given by marshals and the Gardaí. The organisers will not, under any circumstances, hold themselves responsible in any way for cycling, motoring or other civil offences. All riders and drivers are responsible for their own safety and must at all times observe the provisions of the road traffic act.

Race control flags are-

- ✓ Race start proper - Green Flag
- ✓ KOH - Polka dot flag
- ✓ Caution - Red flag
- ✓ Finish - Black/White Chequered Flag

The distance to the finish line will be indicated at 2km and 1km, and the distance to KOM's will be indicated at 1km.

Both massed start stages (1&3) in all categories will begin with neutralised sections, on busy roads. It is important that the whole race remains compact during neutralisation (until green flag).

Following cars/bikes will not be permitted on any of the stages.

There are two neutral service vehicles and a broom wagon. Each rider may supply one pair of wheels to the neutral service vehicle. Damaged material is to be collected from service immediately after each stage.

A hard shell helmet of an approved type must be worn at all stages of the race.

10. Rider Behaviour:

Both race numbers to be worn side by side on the back of the jersey and the frame number is to be attached securely below the saddle.

The timing chip location will be advised at sign on.

Riders are prohibited from discarding any clothing, accessory or rubbish onto the public road during any of the stages.

Feeding of the riders during the stages is forbidden.

Riders must present their bikes for scrutiny before the start of the first stage. The same bike shall be used for all stages without modification save in the event of a breakage whereby the change must be advised to the Chief Commissaire.

Specialist low profile or fixed wheel bicycles are *NOT ALLOWED*.

Removable time trial bars or tri-bars are *NOT ALLOWED*.

Any rider found to have verbally or physically abused another rider or race official will receive a time penalty in accordance with C.I. list of penalties.

11. Gear Check:

Gear checks will be carried out before first stage.

The first six riders across the finish line riders plus three random riders whose numbers will be announced at the start line will be checked at the stage end.

Max roll out distances for one crank revolution are:

- ✓ Category 1 and 1a 6.94mts (52 x 16)
- ✓ Category 2 and 2a 6.54mts (49 x 16)
- ✓ Category 3 and 3a 6.14mts (46 x 16)

Any rider found over-g geared will be relegated to last place and penalised 3 minutes in that stage.

A second such offence will result in disqualification from the event

12. Regulations:

The conduct of the event is under the control of the race Commissaires and they have the authority to penalise any rider or official in accordance with the rules of the Cycling Ireland and these race regulations.

Riders can enter as individuals or as members of a team.

All entrants must hold an open competition licence issued by a UCI affiliated federation.

Individual riders must wear the colours of their club or team. Trade team clothing is not allowed.

Time penalties will be applied to the general classification, but may at the Commissaires discretion be applied to a stage result.

All claims and objections will be taken in accordance with Cycling Ireland procedures (Chapter 7, Article 3).

Decisions by the Commissaires panel maybe appealed to the appeals committee whose members shall be the chief Commissaire, the chief judge and the race director.

The reserve course will be used if the race organisers in conjunction with the Commissaires decided for any reason that the arranged course is unusable.